

# TEMPLE FIRE & RESCUE TRAINING ACADEMY PHYSICAL EVALUATION FORM

Name \_\_\_\_\_

SSN \_\_\_\_\_

DOB \_\_\_\_\_

The above-named candidate will be required to perform the following work based functions:

- Lift/move life-weight life-form dummy repeatedly (approximately 175 lbs.)
- Work in high temperature environments to promote extinguishment of fires and perform rescues
- Wear PPE to include bunker pants, coat, helmet, gloves, and footwear
- Wear self-contained breathing apparatus and PPE for extended durations while performing strenuous activities relating to firefighting and rescue functions
- Use heavy tools and equipment necessary to perform emergency operations on a fire ground
- Perform strenuous work without PPE and SCBA for long durations
- Participate in physical fitness/conditioning daily to meet the above needs

Cleared to participate in training program?  Yes  No

\_\_\_\_\_  
Signature of Examiner DO NP MD PA

\_\_\_\_\_  
Printed Name of Examiner Date of Exam \_\_\_\_\_